

## CURRICULUM VITAE

### PERSONAL DETAILS:

Name : Dr. Madhvi Chandra  
Husband's name : Late Satyajeet Chandra  
Date of Birth : 31/10/1968  
Address : 126, Narayan Nagar,  
Hoshangabad road,  
Bhopal, 462026.  
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### ACADEMIC QUALIFICATION:

- PhD awarded from M.P Bhoj (open) University, Bhopal in the year 2014.
- M.Phil in Yoga. Barkatullah university, 2008-2009.
- Diploma in Naturopathy and Yogic Science from Mahatma Gandhi Chitrakut Gramodaya Vishwvidyalaya, Chitrakut, Satna (M.P) in first division, 2007-08.
- M.A. Yoga Science from Barkatullah University, Bhopal in first division with third rank in the university, 2004
- Diploma in Yoga Science from Barkatullah University, Bhopal in first division, 1999-2000.
- B.Ed. (correspondence course) Barkatullah University, Bhopal in first division, 1995-96.
- B.Com. from Guru Ghasidas University, Bilaspur, 1987.
- Higher Secondary from M.P. Madhyamik Shiksha Mandal, Bhopal, 1984.

### WORK EXPERIENCE:

- Teaching experience as Guest Faculty at Yoga department, Barkatullah University, Bhopal from 2003 till date.
- Five years as senior expert in Kaivalyadhama Yoga Training Centre, Shahpura, Bhopal, from 2000-04.
- Performed duties as Yoga Expert deputed by in Kaivalyadhama Yoga Training Centre, Bhopal in the following institutions:
  - Model School, Bhopal, 2002-03.
  - Maharani Laxmibai College for Women, Bhopal, 2003.
  - Sarojini Naidu Girls College, Bhopal, 2004.

- One year as teacher in Maharshi Vidya Mandir, Ratanpur, Bhopal.
- Four years as teacher in Shri Ram Krishna Bal Vihar high school, Bagevaniya, Bhopal, 1995-97.

### **INVITATION :**

- As a Yoga expert judged district level yoga competition by M.L.B. Girls Govt. College, Bhopal M.P. 12/12/2021.
- As a Yoga expert judged district level yoga competition by M.L.B. Girls Govt. College, Bhopal M.P. 22/12/2021.
- As a Yoga expert M.G.M. for the development of student text book. Yoga instructor class 12<sup>th</sup> at PSSCIVE from 11-15 Jan. 2021.
- As a Yoga expert M.G.M. for the development of student text book. Assistant Beauty and Wellness Consultant Class 10<sup>th</sup> at PSSCIVE from 15-19 Feb. 2021.
- As a Yoga expert in Inter College Yoga Competition conducted by M.L.B. Girls Govt. College, Bhopal M.P. at 18/12/2019.
- As a Yoga expert in Division Level Yoga Completion conducted by M.L.B. Girls Govt. College, Bhopal M.P. at 19/12/2019.
- As a Yoga expert in District & Division Level Yoga Completion conducted by Govt. Hamidia Arts & Commerce, Bhopal M.P. at 22/09/2015.
- As a Yoga expert under State Level Balrang 2014-15 Yoga Completion conducted by Sarojini Naidu Girls Higher Secondary School from 09/01/2015.
- As a Yoga expert in Department of Student Yoga Text book class 1 to 5<sup>th</sup> at Rajya shiksha Kendra (S.S.A.) B- Wing Pustak Bhawan, Bhopal M.P. from 30. Sep to 4 Oct. 2013
- As a Yoga expert in Department of Student Yoga Text book class 1 to 5<sup>th</sup> at Rajya shiksha Kendra (S.S.A.) B- Wing Pustak Bhawan, Bhopal M.P. from 09/06/2011, 13 to 20 May 2011 and 12 to 14 May 2011.

### **PAPER PRESENTED/PUBLISHED IN:**

- Presented paper on “Role of Yoga in Prevention and Eradication of drug addiction among the youth” in the National Seminar on Yoga for Fostering Youth energy, held in the Department of Yoga. Barkatullah University, Bhopal on 19<sup>th</sup> and 20<sup>th</sup> Feb. 2008.
- International Journal of scientific Research in Science & Technology “Moksha in Shrimad Bhagavad Gita and Patanjali Yogdarshan”, ISSN No.2395-6011 Online ISSN No. 2395-602X Volume-II, Issue- 1<sup>st</sup> 2010.

- International Journal of scientific Research in Science & Technology “Shrimad Bhagavad Gita and Bhakti Yoga”,ISSN No.2395-6011 Online ISSN No. 2395-602X Volume-III, Issue-2<sup>nd</sup> 2011.
- National seminar on “Yoga as a solution to various problems of human life”, 2012. Barkatullah University, Bhopal
- National seminar on “Yoga as an effective way of inculcating values in teenagers”, 2013 Barkatullah University, Bhopal
- National seminar on “Samkaaleen bhartiya daarsheenik chintan mein dharam ki sankalpana” on the topic “Dharam utsav aevam yoga”, January, 2014.
- Indian Council of Women Philosophers Ninthe Annual Conference on the Paper Presentation Topic “Shrimadbhagwad Geeta ka sadhana paksha” held in Yoga Department, Barkatullah University, Bhopal 16 Nov. 2014.
- International Journal of Education and Extension, on the topic “Shrimadbhagwad Geeta ka tatvameemansa”,ISSN No.2278-537x, January, 2014.
- National seminar on yoga and Holistic Health, Paper published on the topic “Swasthyasawardhan Me Shrimadbhagwad Geeta Ki Bhumika” Dr. R.M.L. Avadh University, Faizabad (U.P.) March, 2014.
- National seminar on yogic management of life style disorders on the topic “Adhunik Jeevanshaili aevam yog”, GurukulKangri V.V, Haridwar, March, 2015.
- National conference on “ Yoga for wellness in life “ on the topic “;yogic chikitsa aevam anusandhan”,GurukulKangri V.V, Haridwar, March, 2015.
- International seminar on “Yoga Education for enhancing quality in teacher education” on the topic “yog sheeksha aevam naitik mulya” Maharshi Dayananad College of education, Abohar, Punjab, IBN-978-93-5212-217-2, February, 2015.
- National seminar on “Yoga for improvement of Health, General efficiency and performance, Barkatullah university, Bhopal, 2015.
- National seminar on “Yoga and Naturopathy for managing psycho-somatic disorders” on the topic “Psycho-somatic disorders and Bhaktiyoga”, Jain Vishwa Bharti Institute, Ladnun, Rajesthan, February, 2016.
- International Sanskrit Seminar on the topic “Shrimad Bhagwad Geeta Me Karm Yog” Dev Sanskriti V.V. Haridwar.
- National Seminar on “Yoga and Naturopathy for Managing Psycho- somatic disorders” on the topic “Psycho-somatic disorders and Bhaktiyoga”, Jain Vishwa Bharti Institute, Ladnun, Rajasthan, February 2016.
- International conference on Yoga and Holistic health on the topic “Shatarma and Panchkarma”, Indian Association of Yoga, March, 2016.

- National seminar on “Innovative trends for professional skill development in yogic science” on the topic “yoga and health”, Gurukul Kangri University, Haridwar, March, 2017.
- Innovation – The Research Concept International Journal on the topic “Shrimadbhagwad Geeta aevam karmyog”, ISSN-2456-5474, November, 2017.
- National seminar on “Integrating traditional medicines and yoga practices for healthcare: opportunities and challenges (oral presentation) on the topic “vidyaleen Vidyarthi ke baudhik star par yogabhayas ka prabhav”, 14-15<sup>th</sup> march, Indira Gandhi National Tribal university, Amarkantak.
- Published papers on Shodhshauryam, International Scientific refereed Research Journal on the topic “Shrimadbhagwad Geeta ka yog adharith sadhana paksh”, ISSN No. 2581-6306 March 2021.
- Published papers on Jyotirved Prasthanam Refereed Journal on the topic “pathanjali yogsutra ka sadhana paksh”, ISSN No. 2278-0327 April. 2021.
- Book published on Raghav publication on the topic “ Shrimadbhagwad Geeta aevam patanjali yogdarshan”, ISBN:978-93-93655-09-7.
- Published paper on Neuro quantology on the topic “An approach towards mental peace; Chitta prasadanam”, ISSN 1303-5150, Sep 2022.
- Published paper on Journal of Interdisciplinary and Multidisciplinary Research (JIMR) on the topic “Analytical study on the impact of yoga on mental health”, E-ISSN-1936-6264, Dec 2023.
- Published paper on Shodhsamhita on the topic “Yogupanishadon me pranav dhyani ki prasangita”, ISSN-2277-7067, vol IX, 2022-23.
- Paper published in Rabindra Bharti Journal of Philosophy on the topic “Yogupanishadon me brahm dhyani ki prasangtha”, ISSN-0973-0087, vol-XXIV, June, 2023.
- Paper published in Rabindra Bharti Journal of Philosophy on the topic “ Kishor vayan chhatron ke boudhik vikas par chayanit yogabhyas ka prabhav”, ISSN-0973-0087, vol-xxv, Dec, 2023.
- Paper published in Akshar Varta on the topic “Shrimadbhagwad Geeta me varit bhaktiyog”, vol-xx, July, 2024.
- Paper published in Abhinav Vimarsh on the topic “Motapa niyantran me yog aevam poshtik aahar ka prabhav: ek yaadrichik prayogaatmk adhyayan”, ISSN – 2454-9789, November, 2025.
- Paper published in Krishna Basanti on the topic “Ekagrata vradhi me bhramri pranayama ka prabhav ek prayogaatmk adhyayan”, Voll – II, March, 2026.

### **OTHER ACTIVITIES**

- Conducted International Yoga day 2019 workshop for school teachers. Enrichment training to the teachers from 13<sup>th</sup> June to 15<sup>th</sup> June.
- 3<sup>rd</sup> National workshop on “Yoga and Alternative Therapies” Department of Human

care and yogic science, Gurukul Kangri vishwavidyalaya, Haridwar 25<sup>th</sup>- 30<sup>th</sup> April 2016.

- Imparted training to the students and officers from NSS at national camp from June 4 to June 12, 2004, Bhopal.
- Imparted training to general people in the Yoga Camp organized by Yoga Dept, B.U, Bhopal, in E-7, Arera Colony, Bhopal.
- Made active contribution in organising seminars by the Yoga Dept, B.U, Bhopal.

**Place :** Bhopal

**Madhvi Chandra**

**Date:**